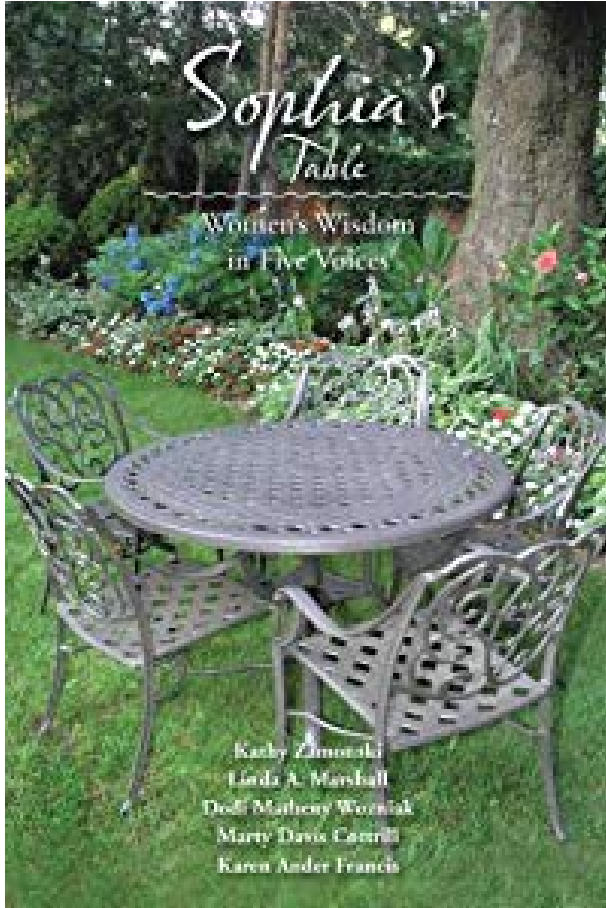


# Sophia's Table: Women's Wisdom in Five Voices



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Sophia's Table has emerged from the first contemplative writing series I offered. Four women writers joined me for what was to be a six-week series. At the completion of the series, they decided to continue on a monthly basis for six months, then again, and once again. The work became more personal as the women's trust deepened into friendship over the course of the year in which they shared their stories. All of us have found writing to be central to leading healthy, balanced lives; to gaining fresh perspective; and to finding meaning and purpose. Each of us has a distinct voice pitched and toned by her unique life experience. Yet Sophia's Table is more than a collection of voices. The production of the book itself is a true collaboration of time and talent, engaging the gifts of each of us to bring the book to publication.