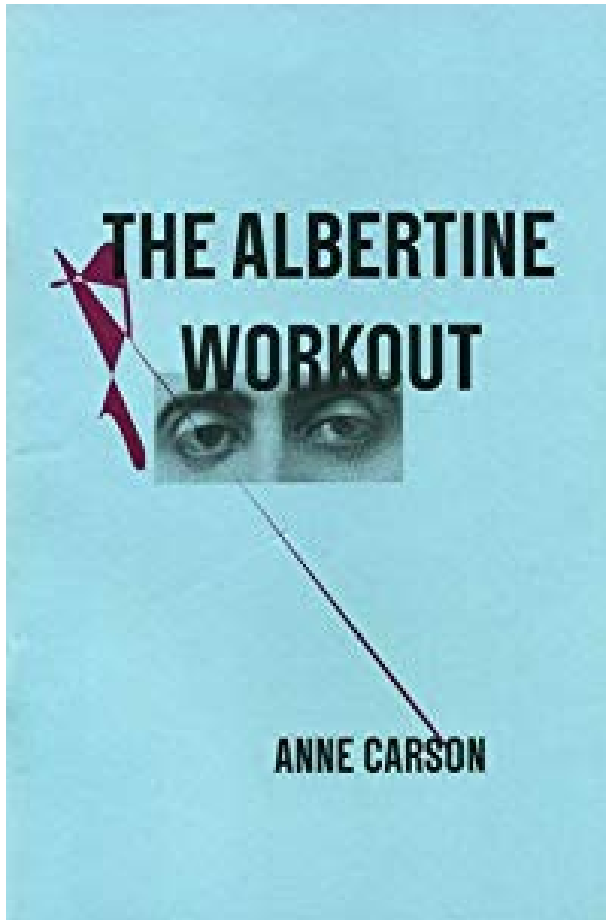


The Albertine Workout



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[The Albertine Workout.pdf](#)

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The Albertine Workout contains fifty-nine paragraphs, with appendices, summarizing Anne Carson's research on Albertine, the principal love interest of Marcel in Proust's *À la recherche du temps perdu*. "