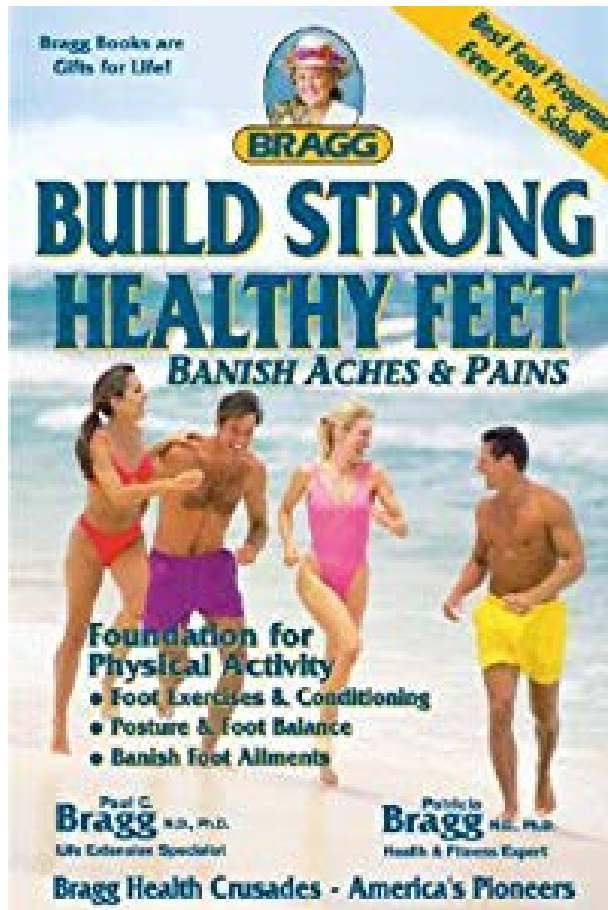


# Build Strong Healthy Feet



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This book covers the many functions of our feet and their relationship to the body's other systems. With proper care our feet can remain fit for a lifetime.