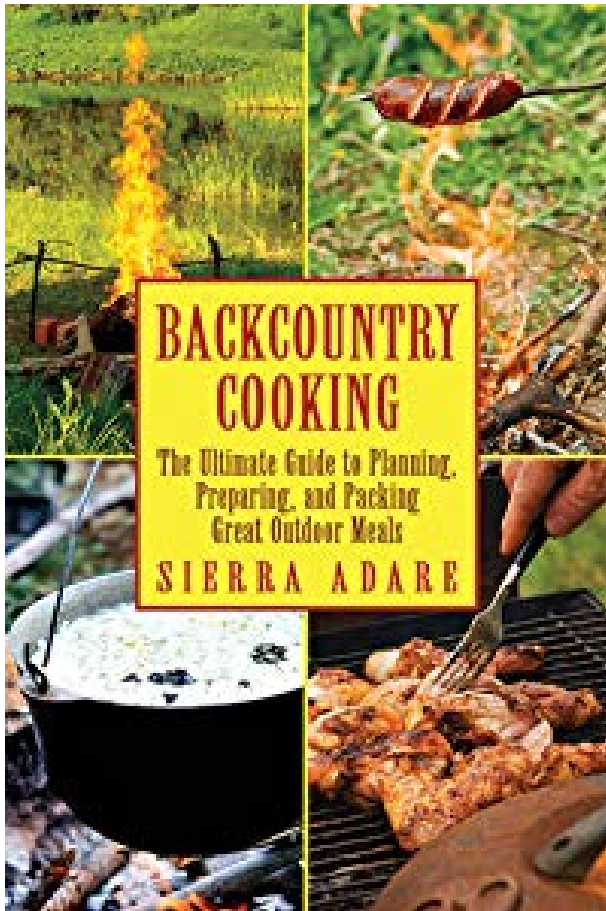


# Backcountry Cooking: The Ultimate Guide to Outdoor Cooking



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Goodbye to mundane, expensive, freeze-dried camping food and welcome to tasty, environmentally conscious, inexpensive dishes. Seasoned outdoor cook Sierra Adare spices her creative and easy-to-follow recipes with Western culinary history and first accounts that are informed by the traditions of the trail. Inside the book are lists of grocery items you can buy beforehand at your local store, along with instructions to dehydrate your own food to avoid the high prices of outdoor markets.

Your stomach just isn't prepared for the great outdoors without Backcountry Cooking—your number one source for easy camp cooking, recipes adaptable for all types of camping, and the best ideas for making your next outdoor adventure remarkable and delicious.