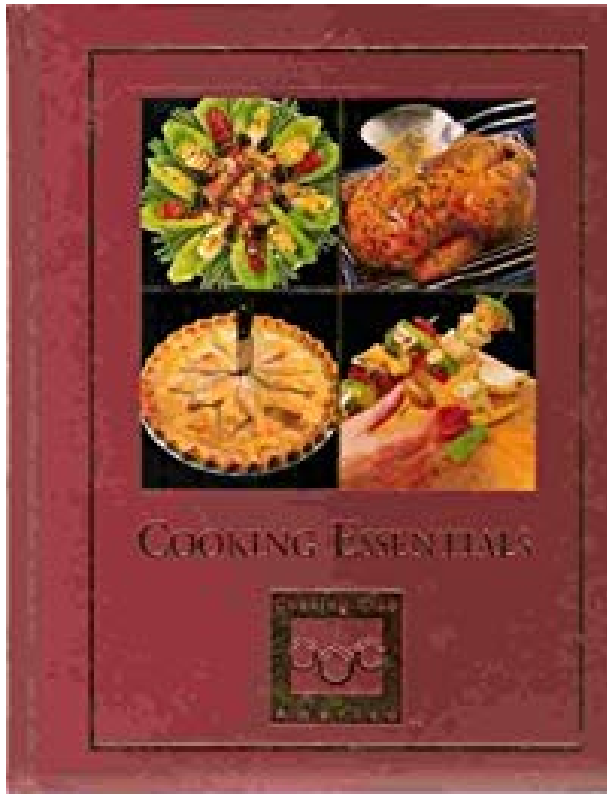


# Cooking Essentials (Cooking Arts Collection)



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| <b>Pages:</b>            | 168                                      |
| <b>Author:</b>           | Mary Berry                               |
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This book is for you if you've been cooking for a long time, for it will bring you new cooking knowledge and ideas. And this book is for you if you're just starting out cooking, or are ready to take that next step into really knowing this most delightful of endeavors. This book starts with a visual guide to the pantry, describing and explaining a key choice of ingredients from peppercorns, oils and vinegars, to pasta and beans, vanilla beans and honey. A stock of good basic ingredients will help you cook well, and for those on a budget, this section will ensure that bad buys are kept to a minimum and that correct storage will prevent waste.